

# LANCASHIRE COMBINED FIRE AUTHORITY RESOURCES COMMITTEE

Meeting to be held on 1 December 2021

## WELLBEING AND WELLNESS INITIATIVES

Contact for further information:

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*Table 1 Executive Summary and Recommendations*

### **Executive Summary**

A presentation will be made in respect of the various opportunities that Lancashire Fire & Rescue Service has enabled to address the Wellbeing and Wellness agenda. The presentation is to provide information to raise awareness amongst the Authority of the options available in respect of this topical area.

### **Recommendation(s)**

No decision is required. The Resources Committee is asked to note the comprehensive nature of interventions available to assist staff.

### **Information**

The presentation follows a session with Councillor Kay, in her role as member champion for Health and Well Being. Following this discussion, it was thought beneficial to advise the Authority of the provision the Service provides. This will complement a presentation on the utilisation of dogs within the Service including wellbeing canines which is planned for the Combined Fire Authority on 13 December 2021.

### **Business Risk**

The provision of these interventions assists in addressing any unfortunate outcomes from our activities and internally provides some reassurance to our employees.

### **Environmental Impact**

None

### **Equality and Diversity Implications**

Considered within provision of individual initiatives.

### **HR Implications**

The purpose of these interventions is to minimise any negative consequences as a result of the Service activities and provide support to enable recovery from primarily traumatic events but also to support life events.

## Financial Implications

This is an informative piece any financial impacts are including in existing budget provision

## Local Government (Access to Information) Act 1985 List of Background Papers

*Table 2 Details of any background papers*

Paper:	
Date:	
Contact:	
Reason for inclusion in Part 2 if appropriate:	